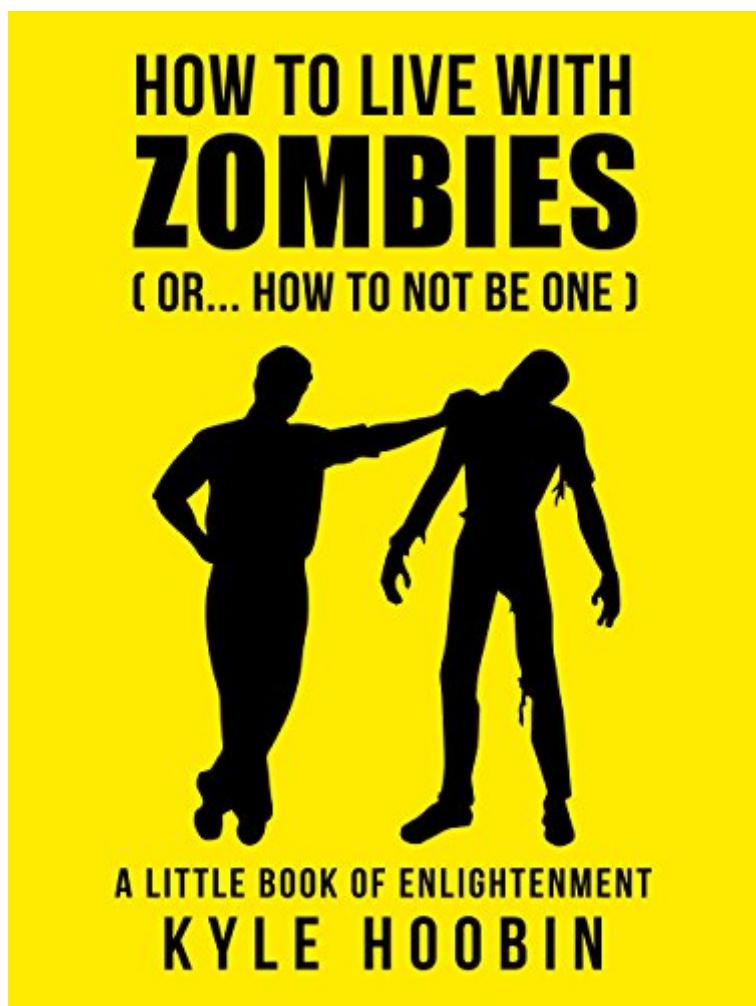


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# How To Live With Zombies: (Or... How To Not Be One) A Little Book Of Enlightenment



## Synopsis

AWAKEN FROM THE DREAM OF <sup>â MEâ™</sup> Zombies are not just the brain-eating undead or those who spend too much time on their cell phones and social media. They are people who live their lives believing that who they think they are is who they really are. Obviously, this applies to most of humanity. In order to rise out of the dream of believing that you are a little <sup>â meâ™</sup> you must first recognize that you are knee deep in it. Once that recognition takes place you can begin removing all of the traps that youâ™ve created in order to keep yourself asleep. This book is a tool to help you through that process. <sup>â How To Live With Zombiesâ™</sup> is a Simha Sat Combination Bookâ„¢ that includes three smaller self-inquiry books: You The Buddha, There Are No Others and Sacred Nonsense. **Chapter Descriptions:** You The Buddha: Freedom At The End of Your World <sup>â ”</sup> This chapter provides an overview of what one is sure to encounter on the path of awakening and helps the reader navigate their spiritual path with authenticity and light-heartedness. There Are No Others: Accepting The Reality Of Your Aloneness <sup>â ”</sup> This chapter expands upon the nature of aloneness and how it specifically relates to awakening. Sacred Nonsense: 21 Cherished Enlightenment Myths Debunked <sup>â ”</sup> This chapter is designed to help the reader steer clear of unhelpful spiritual teachers and teachings in order to avoid any unnecessary confusion on the path of self-inquiry / self-realization. **Feedback:** A wonderful gift to any seeker - Kyle takes the reader behind the content of our minds and points at the unconditioned Self. If you are tired of the usual recycled conceptual circular logic spirituality, and ready for spiritual transformation, give this book a chance. Youâ™ll find Kyleâ™s inquiry approach honest and refreshing. <sup>â ”</sup> Karam Guirgis, Satsang Teacher **Don't have a Kindle? Don't worry, you can also view this book by downloading the FREE Kindle app for your computer, iPad, or other mobile device:** <sup>â http://amzn.to/aUZMHPâ</sup> **About The Author:** Kyle Hoobin is an author, photographer, graphic designer and self-inquiry teacher. In April of 2002 Kyle experienced a profound shift in consciousness following a long battle with depression. He now offers support for those seeking authentic freedom in their lives. Kyleâ™s teachings focus on practical and accessible methods of self-inquiry with a focus on finding freedom through direct personal experience. He has distanced himself from conventional lineage based teachings in an effort to establish a more authentic spiritual standard for spiritual seekers. To learn more, visit [kylehoobin.com](http://kylehoobin.com) and take part in Kyleâ™s monthly webinars and self-inquiry video series.

## Book Information

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## **Customer Reviews**

I read Kyle Hoobinâ™s PDF âœHow To Live with Zombiesâ• in a rush this first time. Even though the messages in this short book came across as very clear, precise, no-nonsense and, yes, compelling. Not new to a perspective of awakening that disengages as much from traditional as from New Age concepts of enlightenment I found Kyle Hoobinâ™s view of it refreshing and accessible. He urges the reader to finally dismiss the notion that enlightenment is a state that separates one from others and makes one â™specialâ™. Like other books worth reading on this subject, Hoobin makes it clear that âœthere are no others.â• I enjoyed his suggestions for â™exercisesâ™, such as spending a day observing humanity and, of course, oneself. Short of a how-to-manual which would run the risk of becoming a prescription for enlightenment and invite imitation, Hoobin nevertheless draws a clear picture of living awake while respecting individual expression of such wakeful living. A wonderful invitation to shake off the zombie sleep of the dead. I am looking forward to re-reading this book.

From start to finish Kyle gives his honest view of the path of and knowledge of what it means to be enlightened. It's written in a down to earth manner and easily understandable detail. He is a very

brave man to go into his darkest place in his mind and bring it into the light and relate it to us "heroic" is a word I don't use lightly, but it is. And indeed to be enlightened means to examine your self and shine the light of enquiry in your darkest egoic places to subdue the ego. The book is a relatively short one but worth the read! More please Kyle!

With this book Kyle manages to achieve a refreshingly honest, direct and accessible guide to what we are all looking for, our true self. He writes in such a manner that the conceptual traps, so often found in books of this nature, are successfully minimized which prevents the reader from mistaking the "finger for the moon". It is obvious he is writing from experience and that he knows what he is talking about, you get the feeling that this is a man you can trust. Read this book!

I found this book to be brief and to the point. The information presented seems honest and practical. Not being an enlightened person, I can't really judge the accuracy of the specifics Kyle Hoobin provides, but I found it fascinating enough to encourage me in my meditation practice. My rating is based on the fact that the book met my expectations, yet I wished it was longer. I look forward to Kyle's future contributions.

I discovered Kyleâ™s books while searching for books on the subjects of non-duality and enlightenment. Iâ™m glad I gave his writings a chance. Kyle clearly writes from a perspective of someone who is truly enlightened. But he doesnâ™t come across as some holier-than-thou spiritual guru. And he doesnâ™t use half the book to promote expensive retreats, CD programs or courses. Rather, reading the book made me feel as though I was having a conversation with someone just like me â“ a regular guy who was searching for a more fulfilling life, and finally found it. Now, like a friend, he shares what he has learned as a result of his awakening. I came away from the book truly believing that enlightenment is not just for the spiritual gurus who spend hours a day meditating and contemplating the significance of their navels. But enlightenment is possible for a guy like me, someone who works for a living, has bills to pay, has conflicts with family, friends and the like. Kyleâ™s 21 myths of enlightenment were especially eye-opening. I highly recommend this book if for no other reason than it can bring the subject of enlightenment back down to Earth for the rest of us normal, less spiritually-inclined human beings.

I got a free PDF copy of the book for review. Kyle is great when he is describing WHAT of awakening. His description has an unmistakable ring of truth. Honest and straightforward. Where the

book is lacking is HOW of awakening. As a non dual junky of traditional as well as not so traditional variety, I have heard many times that there is no HOW of awakening; rather search for HOW is the real villain etc.. But let us face it. As unenlightened lesser mortals we need some instructions of how to reach that awakened state. It is here that. The book disappoints. Or may be I am not yet destined to understand the HOW.

Kyle's book is great! I love Kyle's way of not portraying himself as a special person in any way.. Its presented in a nice simple format that doesn't have a bunch of useless information that we will never ever use anyway he just seems to get straight to the point and avoids a long colourful detour :)

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